

Made-from-scratch, wholesome meals

Produce fresh from local, organic farms where possible

Meets and exceeds USDA School Meal requirements

Meals crafted by true chefs & nutrition experts



FRESH
FOOD
FACTOR

September Supper Menu

■ Einstein

All Meals Include
Choice of 1% or Non
Fat Flavored Milk



5



6

Hamburger w/
Lettuce, Tomato,
Pickles, French Fries,
Ketchup, Fresh Fruit

7

Curry Chicken Thigh,
Curried Rice, Green
Peas, Fresh Fruit

8

Roasted Chicken
Sub, Carrots w/
Ranch Dressing,
Fresh Fruit

9

Fish Sticks, Spanish Rice,
Steamed Broccoli, Fresh
Fruit

12

Pizza Pasta, French
Fries w/ Ketchup,
Steamed Corn, Fresh
Fruit

13

Jambalaya,
Cauliflower Cheese
Bake, Carrot Soufflé,
Fresh Fruit

14

Turkey Sandwich,
Broccoli w/ Ranch
Dressing, Fresh Fruit

15

Spaghetti & Meat
Sauce, Seasoned
Green Beans, Fresh
Fruit

16

BBQ Meatball Sub,
French Fries, Fresh
Fruit

19

Red Beans and Brown
Rice, Collard Greens,
Fresh Fruit

20

Chicken Tenderloin,
Mashed Potatoes w/
Gravy, Ketchup,
Fresh Fruit

21

Cheeseburger Mac,
Steamed Corn, Fresh
Fruit

22

BBQ Chicken Breast,
Green Peas, Oriental
Rice, Fresh Fruit

23

Grilled Chicken
Sandwich, Potato
Wedges, Honey
Mustard Dressing,
Fresh Fruit

26

Sloppy Joe Sandwich,
Carrot Soufflé,
Cauliflower Cheese
Bake, Fresh Fruit

27

Turkey & Cheese
Wrap, Baby Carrots
w/ Ranch Dressing,
Fresh Fruit

28

Mexican Pulled
Chicken, Mexican
Rice, Fiesta Corn,
Fresh Fruit

29

Cheesy Tomato
Pasta, Green Beans,
Fresh Fruit

30

Chicken & Cheese
Steak Sub, Green
Peas, Fresh Fruit